

# THE CONVERSATION

## Fifty Shades of Grey is just an old-fashioned romance – that's the problem

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Harmless eroticism or something darker? Malics

Fifty Shades of Grey film opens this Valentine's weekend to much fanfare but, perhaps tellingly, with few press previews in the UK. With one UK cinema chain reporting advance ticket sales worth £1.3m, it's pretty clear the adaptation of E L James's best-selling book is going to be critic-proof.

It is difficult to write about Fifty Shades without being caught up in excess: translated into 51 languages, more than 100m copies sold, 50m-plus views of the trailer on YouTube. This is the novel that has spiced up (heterosexual) marital bedrooms and led to its own range of sex toys.

To cash in on the film's release, British DIY retailer B&Q has advised staff to expect soaring sales of cable ties and duct tape. There's even a limited edition Fifty Shades of Surf laundry detergent to help with the post-coital clean up.

From the trilogy's sadistic billionaire to laundry detergent might seem like quite a leap. But at

the heart of Fifty Shades' success has been the juxtaposition of the apparent ordinariness of both the novel's heroine Ana Steele and the middle-aged, middle-class mother who wrote it (originally as Twilight fan fiction) with the extraordinarily wealthy, extraordinarily sexy, extraordinarily messed-up Christian Grey.

Despite, or perhaps because of, its resolutely heterosexual address, the Fifty Shades phenomenon has been defined by women's relationships with one another as much, if not more than, with men. This has clearly been played on in the portrayal of director **Sam Taylor-Johnson** ahead of the film's release: another middle-aged mum, overlooked professionally after the birth of her four children, given a second chance by Fifty Shades.

Of course, there's also been much criticism of the book and, now, the film. At times, this criticism has itself been steeped in a barely disguised misogyny directed towards author, fans or director. This has, in turn, made it easier for Fifty Shades' supporters to claim that the phenomenon is doing feminist work. So the challenge for feminist critics of Fifty Shades is to air our concerns without pandering to mainstream media's penchant for pitting women against women, or being dragged into a discussion about the relative merits of particular sexual practices.

## Love and abuse

Looked at more closely, the sex in Fifty Shades turns out to be something of a distraction. One of the most resilient claims about the book – central to Universal's Valentine's release strategy for the film – is that it is, underneath all the distracting "kinky fuckery", a love story.

I agree. This is not an endorsement, it is simply a statement about the kind of story it is. While the sex is certainly not irrelevant, it is love which is most consistently used as a justification for abuse outside the parameters of BDSM.

It is not surprising, then, that much of the criticism of Fifty Shades has come from feminists delivering frontline services to women fleeing domestic abuse. The most high-profile campaign against the film, hash-tagged #50dollarsnot50shades, encourages potential viewers to recognise this connection by donating the price of their cinema tickets to a local refuge.

## What is really happening

Sam Taylor-Johnson's most recent interviews seem designed to get it back on safer ground: "do feminists always have to be on top?" she asks. Despite the reality of her own struggles to get back "on top" professionally after the birth of her children, this is meant to be a sexual and not a social question.



Ordinary women: Sam Taylor-Johnson (left) and E L James (right) PA/PA Wire

It should go without saying that women (and men) can and do choose to engage in a

spectrum of BDSM-related activities. If these choices are made between participants who have an equal standing in the negotiation then I fail to see why this should be anyone else's business.

But there's the problem. Christian and Ana are not equals outside of their sexual relationship, and so the fantasy of sexual submission collides with a more brutal reality. I'm far less concerned with what Ana and Christian do in the bedroom (and in the bath, the elevator, the car, on the piano ...) than how Christian's controlling behaviour outside of it not only determines the conditions of Ana's "consent" but is in itself a form of abuse.

He monitors what she eats and drinks, what she drives, where she works, what she wears, who she sees, what they do. More insidiously, he does all of this because he loves her and his wealth legitimates and luxuriously brands his choices. It's not for nothing that this has been dubbed "wealth porn". What's more, Christian's controlling behaviour is repeatedly shown to save Ana – from herself as well as from a stream of men whose intentions she dangerously misreads.

This is what feminists have long referred to as the male-protection racket. It's the plot of countless romance novels whose naïve, young protagonists are paired with more worldly powerful men. Thirty years on, the debate over Fifty Shades has become more hedonistic while arguably serving an equally conservative function: the end destination is still heterosexual marriage and children, with other options quickly closed down.

## Fifty shades of entitlement

Positioning herself firmly within the demographic the book has appealed to, James has repeatedly, if somewhat coyly, spoken of the pleasures of conducting her research for the novel's sex scenes with her husband. The novel was her fantasy, written for herself in the first instance.

Whether individual women find new pleasure from butt plugs is not the point here. Rather, the novel's engagement with broader debates about gendered violence and power cannot be fantasised away. After all, one of the constants across all three novels is Ana's explicit labelling of Christian's controlling behaviour outside the bedroom as "stalking". Yet she accepts that he does it because he loves her.

This is consistent with a wider cultural script in which obsessive male behaviour and men's sense of entitlement to women is still too often legitimised, with concrete, material effects on women's safety and lives. Ana agrees to marry Christian aged 21, and just weeks into their relationship, because he needs reassurance that she is "his", she modifies her behaviour to contain his rage, in recognition of the maternal neglect and paedophilic abuse (by an older woman) which has brought him here. Male violence is women's responsibility.

And it's this, rather than any of the sexual practices, which troubles me most about Fifty Shades. It undoes feminism not because Ana "chooses" to be submissive in some of their sexual scenes, but rather because it uses BDSM as a smokescreen to disguise a very conventional abusive relationship.



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